



Professional Therapeutic Massage

Re-opening June 15, 2020

All of us at Healthy By Intention have missed you and hope you have weathered this time safely, are healthy, and ready to resume fun Summer activities. It seems so long ago since the mandate to close our doors.

We are excited to welcome all our valued clients to join us as we begin a cautious reopening process on Monday, June 15.

To ensure the safety of our clients and therapists and to adhere to the mandated guidelines, appointments will be staggered with client social-distancing protocols observed and additional time between appointments to allow for extra sanitizing and cleaning.

(Please read the entire message and call if you have questions.)

Our Commitment

The office and treatment rooms will look and feel a little different:

- Extraneous and difficult to clean items have been removed.
- The rooms have been cleaned and disinfected thoroughly and all surfaces and high-touch areas will be sanitized before each session.
- Used linens will be removed from the treatment room after each session and the massage table will be sanitized.
- As in the past, the sheets and face rest covering will be replaced before each session. Additionally, the top blanket will be replaced.
- All linens including sheets, blankets, pillowcases, face-rest covers will be kept in closed cabinets or containers until used and then removed to a closed container for laundering.
- Hand sanitizer will be readily available for use before and after sessions.

Procedural Changes for Mutual Comfort and Safety

- Do **NOT** come to your appointment if you or anyone in your household currently is ill, recently has been ill, feels feverish, has a cough or has tested positive for COVID-19 within the past 14 days.
- As always, please do your best to cancel 24 hours in advance. Cancellation fees are waived for the foreseeable future.
- Please arrive wearing a mask. If you forget your mask, we will provide a one for you. Keep it on during your appointment, except when it interferes with breathing or communicating with your therapist.
- When you arrive at the building-do not enter. Call the office and a gloved and masked therapist will meet you at the building's outside entrance. They will accompany you to our office and to the treatment room
- The therapist will remove their gloves and mask and replace their mask with a new one.
- You will be asked to complete and sign a brief COVID-19 survey and waiver.
- Do not bring more than the minimum of personal items to the office.
- Therapists do not plan to wear gloves during your massage unless you request gloves be worn.
- The water dispenser has been removed. We will have bottled water available at no charge. You may bring your own water.